-----

Title: Spirituality Prayer

Author: Bartholomew

\_\_\_\_\_

Spirituality is the wellspring that resides in our souls

Deep in our under mind is the home for our spirituality

Lying there hidden from our daily turmoil, it waits

It waits to be the source of all the other Virtues

When Spirituality reaches out and strokes our thinking

It will activate our searches into what we know as Honesty

Shining a light that removes the shadows of the lies

Then continues until the lies themselves crumble in its light

When Spirituality reaches out and tightens our muscles

It will activate our strength into what we know as Valor

Taught with power to defeat any trembling of cowardice

Then continues until the cowardice falters before its strength

When Spirituality reaches out and caresses our

It will activate the affections we know as Compassion

Glowing warm it chases away the chilling of hate Then continues until the hate retreats before its warmth

When Spirituality reaches out and grips our gut

It will activate our giving that we know as Sacrifice

Churning with bile it dissolves our greed

Then continues until the greed transforms to giving

When Spirituality reaches out and focuses our eyes

It will activate our fairness we know as Justice Focusing with sharp clarity it isolates all wrongs

Then continues until the wrongs are completely dissolved

When Spirituality reaches out and courses with our blood

It will activate a shining glow that we know as Honor

Surging and pulsating that drives away the shame

Then continues until the shame is washed away

When Spirituality reaches out and fills our void It will activate our modesty we know as

## Humility

Welling up to leave little room for pride

Then continues until the pride is pushed aside

Spirituality reaches out to all the Virtues

Touching each within our life

Setting forth our feet to tread

Carefully on the narrow path

Prayer That Comes From Virtue

Leader: May our leaders be known by their Honesty. May they govern with insight Cong: That comes from Virtue.

Leader: May our protectors be known by their Valor. May they be filled with strength Cong: That comes from Virtue.

Leader: May our adjudicators be known by their Justice. May they find perception

Cong: That comes from

Virtue.

Leader: May our holy men be known by their Spirituality. May they have purity Cong: That comes from Virtue.

Leader: May our friends be known by their Compassion. May they be filled with warmth Cong: That comes from Virtue. Leader: May our royalty be known by their Humility. May they reign with selflessness Cong: That comes from Virtue.

Leader: May our city guards be known by their Honor. May they give us respect Cong: That comes from Virtue.

Leader: May those of ultimate power be known by their Sacrifice. May they know generosity Cong: That comes from Virtue.

Leader: May we all be known by our Virtuous deeds. May we find order Cong: That comes from Virtue. Prayer of Essence

May our lives be warmed with Compassion.
Derived from the Principle Love.

Warmed by its spiritual essence. As we are by the sun above.

May our lives be surrounded by Honesty. Flowing from the Principle of Truth.
Surrounded within a glorious meaning.
Not like those who are found uncouth.

May our lives be nourished on Valor Emerging from the Principle of Courage. Nourishing our souls upon firm strength. As a child that is raised on porridge.

May our lives be blessed through Spirituality.

The source Principles being all three.
Blessed by its ebb and flow. As we see in the tides of the sea.

May our lives be cleansed through Humility. Spawned by the Principles in absence. Cleansed of all corrupt impurities. Leaving one washed in a singular essence.

May our lives be protected in Sacrifice.
The bequeathing Principles of Courage and Love.
Protected by saving while we are giving.
While placing all others above.

May our lives shine bright with Honor. Driving Principles of Truth and Courage. Shining bright reason against all odds. Defeating every shameful chaotic barrage. May our lives be bestowed with Justice. The basing Principles of Truth and Love. Bestowed within strict and narrow guides. Made to fit like a hand and glove. May our lives be enriched by the Virtues. The Principles being their Enriched and nurtured in every way. Guiding our lives upon their course.